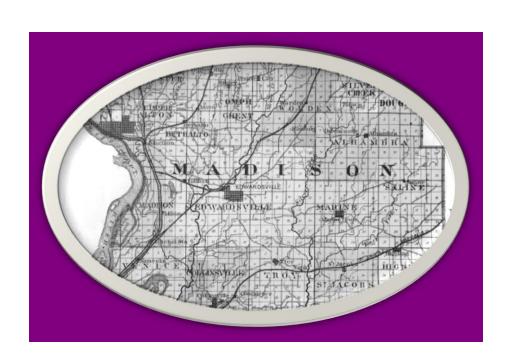


2022-2023 Resource Directory



Madison County Mental Health Board 157 North Main Street, Suite 380 Edwardsville, IL 62025 (618) 296-4358

INTRODUCTION

Madison County Mental Health Board Mission Statement

"To assure the availability of a comprehensive system of community mental health services for residents of Madison County who are affected by mental illness, Intellectual/developmental disabilities or substance use disorder."

In 2020, the Madison County Mental Health Board completed a Community Needs Analysis. Interviews with local key informants revealed that one of the strengths of Madison Counties is that there are a wide array of behavioral health and other community support services. However, the key informants also addressed that the community at large is not aware of the services that exist. It was an added concern that the lack of knowledge of local services impacts every aspect of an individual finding, navigating, accessing, and receiving appropriate behavioral health care.

With the findings of the Needs Analysis, the Mental Health Board established the 2021 Strategic Plan to include a goal to increase public awareness of the behavioral health treatment and support services available to Madison County residents. Through the dedicated work of Elizabeth Kalous, Graduate Intern, Southern Illinois University, Edwardsville this Behavioral Health Resource Directory is being presented. The Resource Directory will be distributed and followed by community presentations to further educate the public and consumers and their families to increase awareness about where they can turn when finding themselves in need of mental health, substance use disorder, or intellectual/developmental disability services and supports.

MADISON COUNTY EMERGENCY & CRISIS INFORMATION

If you are in immediate harm, Call 911.

If you are experiencing suicidal thoughts or feelings, call the **National Suicide Prevention Hotline**: **988** (qualified 24/7 responders confidentially serve all veterans as well)

If you are experiencing a mental health crisis, call one of two Madison County Mental Health Crisis Lines:

Centerstone of Illinois, Inc. 24 Hour Crisis Line: 618-465-4388

Chestnut Health Systems 24 Hour Crisis Line: 1-618-877-0316

Substance Abuse and Mental Health Services Administration (SAMSHA) provides immediate crisis counseling for anyone experiencing natural or human-caused disaster. Call the **Disaster Distress Hotline: 1-800-985-5990**

For more referrals to health and human services and other social assistance programs, call the United Way of St. Louis & Metro East: **211 Line**

Many services have been impacted by COVID and hours may be different given the current climate, please call providers to confirm information if needed.

Table of Contents

S	ection I. Mental Health	
	Crisis Services/Supports	1
	Adult Inpatient and Outpatient Services	2
	Child and Family Services	5
	Counseling Services	7
	Court/Legal Services	9
	Support Services/Groups	10
Se	ction II. Substance Use-Addiction/Recovery	
	Crisis Services/Hotlines	12
	Counseling/Detox, Residential Treatment Services	12
	Court/Legal Services	16
	Support-Recovery Groups	16
Se	ction III. Intellectual/Developmental Disabilities	
	Crisis Services	17
	General Support Services	17
	Court/Legal Services	20
	Support Services/Groups	20
Se	ction IV. Specialized Counseling & Treatment	
	Children's Neglect and Abuse	21
	Gambling Addiction Services and Supports	22
	Domestic Violence	
	Sexual Assault	22
Se	ction V. Senior Services	
	Crisis Services/Hotlines	23
	Counseling/Support Services	
	Court/Legal Services	
Se	ction VI. Veterans Services	
	Crisis Services/Hotlines	26
	Counseling/Support Services	27
	Court/Legal Services	27
Se	ction VII. Community Resources	
	Service Referrals	
	Court/Legal Services	28
	Employment Training	
	Food Programs and Pantries	30
	General Assistance	
	Housing/Shelters	
	Support Services/Groups	
	On-Line Counseling, Apps, and more	
	School Based Convisos	20

MENTAL HEALTH

Crisis Services/Supports

Centerstone Crisis Line for Illinois: 855-608-3560

Crisis intervention services, 24 hours 7 days a week 2615 Edwards Street Alton, IL 62002

Chestnut Health Systems-Crisis Hotline: 618-877-0316

Crisis intervention services, 24 hours 7 days a week, Monday-Friday 8:00-5:00PM-

Two Locations:

50 Northgate Industrial Drive, Granite City, I 12 North 64th Street Granite City, IL 62040 Belleville, IL 62223 618-877-4420 618-877-4420

Comprehensive Behavioral Health Center: 618-482-7330

505 South 8th Street, East Saint Louis, IL 62201

Farm and Rural Stress Hotline: 800-691-4336 Confidential and available 24/7

IL Warm Line: 866-359-7953

Free phone support for anyone living in IL emotional support, recovery education, referrals

National Alliance on Mental Illness (NAMI) Helpline: 1-800-273-8255

SASS CARES for KIDS: 1-800-345-9049

Screening, Assessment and Support Services (SASS), is a crisis mental health service program for children and adolescents, who are experiencing a psychiatric emergency TTY: 1-773-523-4504

Sexual Assault Crisis Line: 618-397-0975

Sexual assault crisis services, 24 hours 7 days a week

Suicide Prevention Lifeline: 988

Trevor Lifeline: 1-866-488-7386

For LGBTQ youth in crisis, feeling suicidal, or in need of a safe and judgement-free place to talk

The National Domestic Violence Hotline: 1-800-799-SAFE (7233)

The Living Room at Call for Help: 618-397-0968 Ext 109

Immediate help with mental health concerns, crisis situations, or everyday difficulties 9400 Lebanon Road, East Saint Louis, IL 62203

Veterans Crisis Line: 988

Caring, qualified 24/7 responders confidentially serve all veterans, service members, National Guard and reserve, and their family and friends.

Adult Inpatient and Outpatient Services

Alton Mental Health Center: 618-474-3800

Inpatient mental health rehab that focuses on helping individuals recover from various mental illnesses. Trained mental health professionals to understand and treat mental health issues, both in individual and group settings.

4500 College Avenue

Alton, IL 62002

Behavioral Health Alternatives: 618-251-4073

Therapy counseling and skill building 337 East Ferguson Avenue Wood River, IL 62095 Monday-Friday 8:30AM-4:30PM

Call for Help: 618-397-0968

Many different services available including counseling, a community stabilization program, and crisis intervention

9400 Lebanon Road East Saint Louis, IL

Call for Help Community Stabilization Program: 618-397-0977

Many services available including offering a healthy environment to work on mental health and substance abuse recovery 9400 Lebanon Road

East Saint Louis, IL

Catholic Charities:

Outpatient counseling services provided to individuals, couples and families

Two Locations:

3512 McArthur Blvd.

Alton, IL 62002 618-462-0634 1821 Edison Ave. Granite City, IL 62040 618-877-1184

CenterPointe Hospital: 618-391-9766

Acute inpatient and outpatient treatment for adolescents, adults and seniors who have been suffering mental or behavioral health challenges

6805 State Rd 162 Maryville, IL 62062 **Centerstone of Illinois:** 877-HOPE123 (877-467-3123)

Behavioral health services for children, adults, foster care, and families

2615 Edwards Street Alton, IL 62002

Walk-In Hours: Monday-Friday 9:00AM-2:00PM

Chestnut Health Systems

Outpatient, psychiatric services, co-occurring disorders, adult group services, immediate access for those who want an assessment. Monday-Friday 8:00AM-5:00PM

Two Locations:

50 Northgate Industrial Drive, 12 North 64th Street, Granite City, IL 62040 Belleville, IL 62223 618-877-4420 618-877-4420

Gateway Regional Medical Center Behavioral Health Services: 618-798-8155

Intensive outpatient services 2100 Madison Avenue Granite City, IL 62040 Monday-Friday 8:00AM-4:00PM

Heartlinks Grief Center at Family Hospice: 618-277-1800

Services for grieving children, individuals, and families 5110 W Main Street
Belleville, IL 62226
Monday-Friday 8:30AM-4:30PM

Highland Area Christian Service Ministry (HACSM): 618-654-9295

Individual and family counseling, counseling referrals 900 Chestnut Street Highland, IL 62249 Monday-Thursday 8:30AM-12:30PM

HSHS St Joseph's Hospital Senior Renewal Outpatient psychiatric services for seniors

Two Locations:

 12866 Troxler Ave
 14160 Jamestown Rd

 Highland IL 62249
 Breese IL 62230

 618 651-2941
 618 526-579

Intensive Outpatient Program Centers: 618-656-7064

Intensive outpatient services, individual, family, and educational classes 2 Club Centre Court Edwardsville, IL 62025

Karla Smith Foundation: Behavioral Health: 618-624-5771

Individual & family therapy, group support, intervention, life coaching, & other services 200 North Lincoln Avenue O'Fallon, IL 62269
Monday-Friday 8:00AM-5:00PM

McKinley Behavioral Health Center: 618-452-4969

Behavioral health services available including family counseling 2166 Madison Avenue Granite City, IL 62040 Monday-Friday 7:00AM-5:00PM

Medication Plus Program (Chestnut Health Systems)

Behavioral Health Services are made available while taking medication for psychiatric concern(s)

Two Locations: Monday-Friday 8:00AM-5:00PM

50 Northgate Industrial Drive 12 North 64th Street Granite City, IL 62040 Belleville, IL 62223 618-877-4420 618-877-4420

NAMI Southwestern Illinois: 618-798-9788

Mental health recovery services for individuals and their families living with mental illness. Including support groups, education and advocacy.

2100 Madison Avenue 4th Floor

Granite City, IL 62040

Monday-Friday 9:00AM-8:00PM https://namiswi.org/

OSF Behavioral Health Navigation Link: 833-713-7100 or 309-308-8150

Behavioral Health Navigators, trained support staff assist in addressing barriers to accessing care, understanding and connection to available resources problem-solving barriers to obtaining services and understanding insurance coverage and benefit information. The Navigation Link, SilverCloud, offers online CBT based program for persons 18 years & older to manage depression, anxiety, and stress. https://one.osfhealthcare.org/sites/Corporate/Depts/BehavioralHealth/Pages/Navigation Link.aspx

OSF Saint Anthony's Health Center Psychological Services: 618-474-6240

Offers outpatient individual, group and family therapy to seniors, adults, adolescents and children age 6+. Specializing in counseling, evaluation and consultation for behavioral – mental health issues 1 Saint Anthony's Way, Fourth Floor

Alton, IL 62002

https://Osfhealthcare.org/mental-health

https://www.osfhealthcare.org/mental-health/services/therapy/

Owens & Associates Counseling & Therapy Center, LLC: 618-551-1777

Servicing ages 3-100* all mental health needs, life changes, relationship needs, and trauma. Working with the growing needs of our community creating groups for substance use support, returning to school skills, parenting techniques and more.

850 Vandalia St, Suite 200, Collinsville, IL 62234

Riverbend Family Ministries: 618-251-9790

Holistic programs, healing therapy, parent education and training, and many other services available 131 East Ferguson Avenue
Wood River, IL 62095

Southern Illinois Healthcare Foundation Behavioral Health

An array of individual, family, or group therapy are available, providers specialize in a variety of behavioral health conditions and concerns for patients of all ages.

Five Locations:

2terminal Dr. Suite 8 2166 Madison Ave.
East Alton, IL 62024 Granite City, IL 62040

618-259-0365 618-452-4969

Monday-Friday 8:30AM-4:30PM Monday-Friday 7:00AM-5:00PM

4 Memorial Drive Building B Suite 210 7210 W Main Street
Alton, IL 62002 Belleville, IL 62223
618-463-5905 618-398-9850

Monday - Friday 7:00AM-5:00PM Monday-Friday 8:30AM-5:00PM

Touchette Regional Hospital Behavioral Health and Wellness: 618-332-4038 (intake)

618-332-3060 (main office) Outpatient and inpatient care 5900 Bond Avenue Centreville, IL 62207

Treatment Alternatives for Safe Communities (TASC): 618-656-7672

Connect individuals who have substance use or mental health issues to treatment and services 340 S Fillmore Street Edwardsville, IL 62025

Psychology Today: For a list of local Therapists, Psychologists, Psychiatrist and Counselors, visit: <u>Find the Best Therapists and Psychologists in Madison County, IL - Psychology Today</u>

Child & Family Services

SASS CARES for KIDS: 1-800-345-9049

Screening, Assessment and Support Services (SASS), is a crisis mental health service program for children and adolescents, who are experiencing a psychiatric emergency TTY: 1-773-523-4504 add to crisis

Centerstone of Illinois: 1-877-HOPE123 (1-877-467-3123)

Counseling services available for ages 4 and older, including foster children, individual and family 2615 Edwards Street
Alton, IL 62002

Chestnut Health Systems

A full array of outpatient child & adolescent mental health and substance abuse, family, school, and juvenile justice mental health services.

Two Locations:

50 Northgate Industrial Drive, Granite City, 12 North 64th Street, Belleville, IL 62223

IL 62040 618-877-4420

618-877-4420 Monday-Friday 8:00AM-5:00PM

Monday-Friday 8:00AM-5:00PM

Children's Home and Aid

Counseling and treatment for children and their families to include, trauma, homeless, runaway, transitional, and juvenile justice involved youth. Programs: CCBYS, Basic Center, Redeploy IL, Foster & Adoptive Care, Parents Care & Share, Parenting and Child Care Education Program.

Two Locations:

2133 Johnson Road 6 Crossroads Court Granite City, IL 62040 Alton, IL 62002 800-847-6770 618-462-2714

Monday-Friday 8:30AM-5:00PM Monday-Friday 8:30AM-4:30PM

Education Therapy Center: 618-296-4530

A public special treatment school providing special education services and recreational therapy for severe behavior disordered adolescents

157 N. Main Street, Suite 438

Edwardsville, IL 62025

Hoyleton Youth and Family Services: 618-688-4727

Counseling Services-Therapists and social workers provide individual and family counseling for youth and adolescents in-home, office or community-based at worship and community centers or schools. Puentes De Esperanza-Helps Spanish speaking residents in Madison County with family, community and translation support.

228 N 6th Street

Wood River, Illinois 62095

Lincoln Prairie Behavioral Health Center: 217-585-1180

Inpatient youth behavioral health treatment with broad range of psychiatric and behavioral concerns 5230 South 6th Street Road

Springfield, IL 62703

Open 24 hours/7days a week

Madison County Child Advocacy Center: 618-296-5390

Counseling to help children find a voice in response to child abuse

101 East Edwardsville Road

Wood River, IL 62095 Monday-Friday 8:30AM-

4:30PM www.madco-cac.org

Mental Health Juvenile Justice (Chestnut Health Systems): 618-877-4420

The Mental Health Juvenile Justice program (MHJJ) provides support to families addressing significant mental health issues to avoid re-arrest and further detention.

50 Northgate Industrial Drive

Granite City, IL 62040

NAMI Southwestern Illinois: 618-798-9788

Mental health recovery services for individuals and their families living with mental illness. Including support groups, education and advocacy.

2100 Madison Avenue 4th Floor

Granite City, IL 62040

Monday-Friday 9:00AM-8:00PM https://namiswi.org/

National Parent Helpline: 855-4A.PARENT, (1-855-427-2736)

Emotional support from a trained advocate and become empowered and a stronger parent

National Runaway Safeline: 1-800-RUNAWAY, (1-800-786-2929) or text 66008

24/7 availability to support runaway and homeless youth and youth who are thinking of running away. NRS will listen to your story and give reliable, confidential support

Refuge: 618-251-9790 ext. 205

Evidence-based treatment models which incorporate individual, family, and group therapy to address each family's unique needs and strengths. Works to prevent childhood exposure to violence and abuse through direct therapeutic work with families.

131 East Ferguson Avenue

Wood River, IL 62095

Riverbend Family Ministries SOAR Program: 618-251-9790

S.O.A.R. (Students learning the Ongoing Approach to Resilience) is designed to be a 10-session weekly psychoeducation group
131 East Ferguson Avenue
Wood River, IL 62095

Counseling Services

Alternative Counseling

Counseling, therapy, and evaluations to individuals, groups, and families

Two Locations:

88 South Main Street Glen Carbon, IL 62034 618-288-8085 307 Henry Street #100 Alton, IL 62002 618-288-8085

Belleville Pediatric and Adolescent Health Center: 618-233-3205

Counseling services 2900 Frank Scott Parkway W Suite 950 Belleville, IL 62223 Monday-Friday 8:30AM-5:00PM

Bethalto Health Center: Behavioral Health: 618-259-0365

Counseling services for a variety of behavioral health concerns and conditions 2 Terminal Drive Suite 8
Bethalto, IL 62024
Monday-Thursday 7:00AM-5:30PM

Centerstone of Illinois: 877-HOPE123 (877-467-3123)

Counseling services for ages 4 and older including individual, family and couples 2615 Edwards Street
Alton, IL 62002
Monday –Friday 8:00AM-5:00PM

Chestnut Health Systems:

Counseling for marriage, family therapy, children, domestic violence

Two Locations:

50 Northgate Industrial Drive, Granite City,

IL 62040 12 North 64th Street, Belleville, IL 62223

618-877-4420 618-877-4420

Monday-Friday 8:00AM-5:00PM Monday-Friday 8:00AM-5:00PM

Family Life Consultants: 618-345-9536

Individual counseling, family counseling, group counseling, community education, professional training, and mental health programs for the community available for children, adolescents, and adults 2014 Vandalia Street Collinsville, IL 62234

Highland Area Christian Service Ministry (HACSM): 618-654-9295

Highland residents, call for referrals to local counseling services 900 Chestnut Street Highland, IL 62249 Monday-Thursday 8:30AM-12:30PM

Madison County Catholic Charities

Professional Counseling Solutions

Therapeutic services are provided to individuals, couples, and families by licensed professionals and focus on helping clients cope with life's challenges in order to return to their optimum level of functioning. Services are based on a sliding fee scale and clients are not refused due to their inability to pay. Insurance is accepted.

www.cc.dio.org

Two Office Locations:

3512 McArthur Boulevard Alton, IL 62002 618-462-0634 Ext. 233 1821 Edison Avenue Granite City, IL 62040 618-877-1184 Ext. 204

McKinley Behavioral Health Center: 618-452-4969

Behavioral health services and family counseling 2166 Madison Avenue Granite City, IL 62040

New Leaf Counseling: 618-980-2358

Counseling services 3 Oak Drive, Suite B Maryville, IL 62062

Monday & Wednesday 9:00AM-5:00PM Tuesday & Thursday 10:00AM-5:00PM Friday 10:00AM-3:00PM

OSF Saint Anthony's Health Center Psychological Services: 618-474-6240 (Phone)

Behavioral – mental health outpatient counseling, evaluation and consultation, individual, group and family therapy. Children 6+, adolescents, adults & seniors.

1 Saint Anthony's Way, Fourth Floor

Alton, IL 62002

Refuge: 618-251-9790 ext. 203

Evidence-based treatment models which incorporate individual, family, and group therapy to address each family's unique needs and strengths. Works to prevent childhood exposure to violence and abuse through direct therapeutic work with families 131 East Ferguson Avenue

Wood River, IL 62095

Windsor Health Center: 618-274-9105

Counseling Service 100 North 8th Street #238 East Saint Louis, IL 62201 Monday-Friday 8:30AM-5:00PM

Court/Legal Services

Alternative Court Program (Chestnut Health Systems): 618-877-4420 A diversionary

program for first time offenders who have an alcohol and/or other drug, or mental health problem. 50 Northgate Industrial Drive

Granite City, IL 62040

Monday-Friday 8:00AM-5:00PM

CASA-Court Appointed Special Advocates, Southwestern Illinois: 618-234-4278

Supports and promotes court-appointed volunteer advocacy so every child who has experienced abuse or neglect can be safe, have a permanent home, and the opportunity to thrive

Gift of Voice | Recovery Resource Center: office@giftofvoice.com |

Email to request an appointment. Supportive services for individuals with mental health conditions provided by professionals in recovery. Individual Consultation and Group Classes for individuals with mental health and legal challenges, phone support available for persons under house arrest 903 N. 2nd St., Ste. B

Edwardsville, IL 62025

Guardianship and Advocacy Commission: 618-474-5503

The Office of State Guardian handles the personal, financial, and legal affairs of developmentally disabled, mentally ill and elderly persons with disabilities.

4500 College Avenue Suite 100

Alton, IL 62002

Mental Health Juvenile Justice (Chestnut Health Systems): 618-877-4420

Acknowledges the unique challenges children and families face in the event of juvenile justice involvement. Goals that address significant mental health issues and thus avoid re-arrest and further detention

50 Northgate Industrial Drive

Granite City, IL 62040

Monday-Friday 8:00AM-5:00PM

Mental Health Treatment Court: 618-692-8961

Supports individuals who have a mental health diagnoses and have committed a criminal offense that s criteria for special court programming-treatment services.

509 Ramey Street, Suite 304

Edwardsville, IL 62025

Monday-Friday 8:30AM-4:30PM

Support Services/Groups

Calvary Baptist Church-Calvary Cares: 465-4357

Grief Support 1426 Washington Avenue

Alton, IL 62002

Sundays January 31, 2021-May 2, 2021 at 2:00PM

Community Hope Center: 618-251-8021

Please call to schedule your appointment for services. Guests may receive food and shop in the free store every-other week along with many additional amenities.

1201 Hope Center Ln Cottage Hills, IL 62018

Monday, Wednesday, Friday between 9 am – 1 pm

Gift of Voice | Recovery Resource Center: office@giftofvoice.com |

Email to request an appointment. Supportive services for individuals with mental health conditions provided by professionals in recovery. Individual Consultation and Group

Heartlinks Grief Center at Family Hospice: 618-277-1800

Individual and family counseling, group support and community education programs for grieving individuals regardless of their ability to pay.

5110 W Main Street Belleville, IL 62226

Karla Smith Foundation: Behavioral Health: 618-624-5771

Mental Illness Family Support Group: Focus on nine strategies for coping with the mental health problems of a love one. Suicide Survivor Family Support Group: Help in coping with common grief emotions to help identify current feelings of the suicide loss of a loved one

200 North Lincoln O'Fallon, IL 62269

Monday-Friday 8:00AM-5:00PM www.karlasmithbehavioralhealth.org

NAMI Support Groups: 618-798-9788

Mental health support groups for individuals and their families living with mental illness.

Family Support Group

Open to families and friends of persons with

a mental health condition.

1st Thursday of each month, 7-8:30 PM

(Zoom only)

Contact: silverlining6@charter.net for a link

to this meeting

2nd Wednesday of each month, 7-8:30 PM

(In-person and Zoom)
Heights Community Church

2227 Vandalia Collinsville, IL 62234 Contact: Kelly Jefferson, kellyjefferson@charter.net 3rd Thursday of each month, 6:30 – 8:00 PM

(In-person only)

St. Matthew's United Methodist Church

1200 Moreland Dr. Belleville, IL 62223

Contact: diane.bski@live.com

4th Thursday of each month, 7-8:30 PM

Facilitators: Pat Rudloff and Beverly Churchill

Contact: Pat Rudloff,

silverlining6@charter.net for link to this

meeting

Peer to Peer Support Groups

Support group to all adults with mental health conditions working towards recovery.

Every Wednesday, 6:30PM-8:00PM (Zoom

only) Click

https://us02web.zoom.us/j/5757670313 for

Zoom link.

1st Saturday of each month, 1:00PM (In-

person) LINC office

#15 Emerald Terrace Swansea, IL 62226

En Espanol-NAMI Illinois

NAMI Statewide Spanish Connection & Family Support Group Meetings via Zoom. Groups. Contact: Support@namiillinois.org

SUBSTANCE USE-ADDICTION/RECOVERY SERVICES

Crisis Services/Hotlines

Alcoholics Anonymous 24-Hour Help Line: 1-800-711-6375

Bethany Place: 618-234-0921

Bethany Place is the largest non-profit, community based ASO (AIDS Service Organization) in the Metro East area of St. Louis. We are also a bridge between patients and treatment centers for those suffering from opioid addiction. Call us, trust us. We are here to help.

Drug Rehabs.org: 877-882-9275

National Non Profit Helpline is a 24/7, 365-day-a-year treatment referral and information service for individuals and families faced with mental and/or substance use disorders.

IL Helpline for Opioids and other substances: 833-2FINDHELP (833-234-634357) www.helplineil.org

Narcan Help www.HelpLinelL.org

1-800-ToFindHelp Free NARCAN call 618-512-1781

Provident Life Crisis Services 24 Hour Line: 314-647-HELP (4357)

The Substance Use and Mental Health Services Administration (SAMHSA): 1-800-662-4357

National helpline to find substance use treatment and information

Touchete Hospital Addiction Hotline: 618-332-4038 (24/7)

Counseling/Detox, Residential Treatment Services

Alcoholic Rehabilitation Community Home (ARCH): 618-877-4987

Extended residential treatment 1313 21st Street Granite City, IL 62040 Monday-Friday 8:00AM-4:30PM

Alton Memorial Hospital, Center for Behavioral & Addiction Medicine: 618-463-7780

Medically monitored detoxification from alcohol, opioids, and benzodiazepines. Inpatient/Outpatient. Open 24/7

1 Memorial Drive

Alton, IL 62002

Amare, NFP: 618-741-7669

Non-clinical, peer led Recovery Community Organizations offers recovery support services, education, resource information, awareness, guidance, and hope.

144 E Ferguson Avenue Wood River, IL 62095

Aviary Recovery Center: 888-900-1293

24 hour admissions line. Intensive outpatient, partial hospitalization and residential program.

22933 Hwy. 61 Eolia, MO 63344

Call for Help Community Stabilization Program: 618-397-0977

Offering a healthy environment to work on substance abuse recovery 9400 Lebanon Road East Saint Louis, IL 62203

Centerstone of Illinois: 1-877-HOPE123 (1-877-467-3123)

Substance use services include outpatient and intensive outpatient programs, Medication Assisted Treatment, detox and residential 2615 Edwards Street Alton, IL 62002

Fellowship House Campus: 1-618-833-4456 and 1-877-HOPE123 (1-877-467-3123) Medically Monitored Detox, residential treatment 800 North Main Street

Anna, IL 62906

Chestnut Health Systems: 618-877-4420

Residential/Inpatient Detox Services, Intensive Outpatient, Outpatient, Substance Abuse, Primary Healthcare, Psychiatric & Behavioral Health Services and Professional Services for all ages

Two Locations:

50 Northgate Industrial Drive Maryville HUB: 618-288-3100 Granite City, IL 62040 2148 Vadalabene Drive Monday-Friday 8:00AM-5:00PM Maryville, IL 62062

Comprehensive Behavioral Health Care: 618-482-7330

Methadone services, outpatient, inpatient services 505 South 8th Street East Saint Louis, IL 62201

Continuing Recover Center: 217-533-4441

Long term recovery house 202 West Central Street Irving, IL 62051

Gateway Foundation: 618-310-0724

Detox, inpatient, outpatient (check with specific locations, 8 others in IL) 600 W Lincoln Avenue

Caseyville, IL 62232

Harris House: 314-627-5541

Inpatient, outpatient, long term residential, transitional housing program

2706 South River Road Saint Charles, MO 63303

Open 24/7

Healthy Families and Babies Program: 618-877-4420

Services for pregnant women including concerns about opioid use

Heritage Behavioral Health Center: 217-362-6262

Detox, Inpatient, Outpatient, Methadone 151 North Main Street Decatur, IL 62523 Monday-Friday 8:00AM-5:00PM

Intensive Outpatient Program Centers: 618-656-7064

Intensive outpatient services including mental health, court/ legal services, and educational classes. 2 Club Centre Court Edwardsville, IL 62025 Monday- Friday 9:00AM-6:00PM

Mission Teens: First Fruits MBTC: 618-498-3560

Faith based rehabilitation center 28251 IL-16 Jerseyville, IL 62052

Missouri Network for Opiate Reform and Recovery: 844-732-3587

Assist those struggling with substance abuse through education, legislative reform, harm reduction, family support, resources for detox and treatment placement, and continued support through the recovery process

4022 South Broadway Saint Louis, MO 63118

New Vision at Gateway Regional Medical Center: 618-358-0200

Substance abuse, dependency, medical stabilization service 2100 Madison Avenue Granite City, IL 62040 Monday-Friday 8:00AM-5:00PM

Partnership for Drug-Free Communities: PartnershipDrugFree.org

Individuals can also find a comprehensive list of substance use resources at the Partnership website.

Prevent-Ed: 314-962-3456

Education, intervention, and advocacy 9355 Olive Boulevard Saint Louis, MO 63132 Monday-Friday 9:00AM-5:00PM

Preferred Family Healthcare: 636-224-1600

Adult substance abuse, medicated treatment 14426 South Outer 40 Chesterfield, MO 63144

Recovery 360: 314-435-4274

Array of clinical services including making a recovery plan and monthly seminars 13610 Barrett Office Drive, Suite 104 Ballwin, MO 63021

Saint Louis Metro Treatment Center New Season: 314-423-7030

Methadone, suboxone 9733 Saint Charles Rock Road Breckenridge, MO 63114

Salvation Army Harbor Light Center: 314-652-3310

Social detox, not medical, inpatient (call for availability) 3010 Washington Blvd Saint Louis, MO 63103

Salvation Army Adult Rehabilitation Center: 314-535-0057

Inpatient treatment, long term recovery programs 3949 Forest Park Avenue Saint Louis, MO 63108

SSM Health Stabilization Service: 888-949-7150

Helps individuals 18+ medically manage their withdrawal symptoms from alcohol and opiates

SIHF Health Center: 618-274-9105

Substance abuse services available 100 N 8th Street #238 East Saint Louis, IL 62201 Monday-Friday 8:00AM-5:00PM

Touchette Regional Hospital: 618-332-5403

Medical stabilization services 5900 Bond Avenue Centreville, IL 62207

Court/Legal Services

Alternative Drug Court Program (Chestnut Health Systems): 618-877-4420

A diversionary program for first time offenders who have an alcohol and/or other drug, or mental health problem.

50 Northgate Industrial Drive Granite City, IL 62040 Monday-Friday 8:00AM-5:00PM

Support-Recovery Groups

Addiction Loss Grief Group: 618-277-1800

Grief group for adults dealing with the loss of a loved one to addiction-related causes. Meetings are held at Heartlinks on the 2nd Tuesday of the month from 6:30 to 8:00 pm Heartlinks Grief Center 5110 Main St.

Belleville, IL 62226.

Al-Anon: 618-463-2429 (Alton Area)

Al-Anon family groups information line 1-888-425-2666 or 1-800-356-9996 For family and friends of alcoholics

Alcoholics Anonymous: 618-251-4000, Metro-East Area: 314-647-3677

District 18 Madison County 12 step meetings

24-hour Help Line: 1-800-711-6375, Meeting locator: 800-307-6600

409 Broadway Avenue #C1, South Roxana, IL 62087

Monday-Friday 9:00AM-5:00PM

Alton Memorial Hospital, Center for Behavioral and Addiction Medicine: 618-463-7780 Access to Peer Recovery Specialists 24 hours a day. Linkage to treatment and other community resources, medication assisted treatment (MAT). Patient-centered treatment planning including supports. Open 24/7 1 Memorial Drive, 2nd Floor Olin Wing Alton, IL 62002

Amare, NFP: 618-780-4843

Employment coaching, transitional support, family support, recovery support specialist and coaches and more

144 E. Ferguson Avenue Wood River, IL 62095

Celebrate Recovery: Christ centered 12-Step Programs

Two Locations:

Fist Assembly: 618-910-8576 101 E. Roosevelt Dr. Moro, IL 62067 Calvary Baptist Church: 618-465-4357 1422 Washington Avenue Alton, IL 62002

NAR-ANON

https://www.nar-anon.org/find-a-meeting For family and friends of addicts

NARCOTICS ANONYMOUS- Local help line for Metro East: 618-398-9409 https://www.na.org/meetingsearch/

Smart Recovery: 866-601-3539

SMART Recovery is a charitable company based in the United States that aids people overcome their dependencies. If you or someone you know is currently attempting to quit using alcohol, help is only a phone call away. We can answer questions you have and share more information about our treatment options.

INTELLECTUAL/DEVELOPMENTAL DISABILITIES

Crisis Services/Supports

Department of Aging 24-Hour Abuse Hotline: 1-866-800-1409

To report suspected abuse, neglect, or financial exploitation of a person with disabilities age 18-59

Prairieland Service Coordination: 618-288-1897 or 1-800-866-8779

PUNS specific for Madison County and the Pre-Admission Service (PAS agency). Directs caller to local service information and assists current and future needs of a person with a developmental disability. 2130 A. Vadalabene Drive

Maryville, IL 62062

PUNS (Prioritization of Urgency of Need for Services): 1-888-337-5267

Number directing caller to local service information

Survey and needs assessment tool for current and future needs of a person with a developmental disability

Monday-Friday 8:00AM-5:30PM

General Support Services

The Autism Clinic: 217-525-8332

Implement services to help children with autism 115 Rottingham Court A Edwardsville, IL 62025

Monday-Friday 7:00AM-6:00PM

Beverly Farms: 618-466-0367

Homes, cottages, group homes, apartments and community-based options and training center for adults with developmental disabilities

6301 Humbert Road Godfrey, IL 62035 Monday-Friday 8:30AM-4:00PM

Cerebral Palsy of Southwestern Illinois: 618-233-0210

Case management, assistance with independent living arrangements (CILA's), equipment loan program, support services and groups, and counseling

10200 Old Lincoln Trail Fairview Heights, IL 62208 Monday-Friday 8:30AM-4:30PM

Community Day Service (CDS) Program: 618-462-4404

Serves Individuals with Developmental Disabilities 21 or older (typically) in Madison County. CDS will develop functional skills for daily living through learning and work activities.

3521 Culp Lane Alton, IL 62002

Collinsville Faith in Action: 618-344-8080

Assistance including Medicare counseling, minor home repair, transportation services, and volunteer opportunities

233 N Seminary Street Collinsville, IL 62234 Monday-Friday 9:00AM-5:00PM

DD Homes Network: 866-363-7909

Supporting those at least 18 years old, diagnosed with an Intellectual Disability (ID), Developmental Disability (DD), or other related/qualifying conditions due to a medical condition, brain damage, a genetic condition, or psychiatric condition. (Examples: autism, cerebral palsy, epilepsy, etc.) With residential and community based supports. Multiple group homes throughout the area.

Epilepsy Foundation of Greater Southern Illinois: 618-236-2181

Client and family support services, home based services, and comprehensive residential services 3515 N Belt W

Belleville, IL 62226

Monday-Friday 8:30AM-4:30PM

Family Matters Parent Training and Information Center: 1-866-436-7842

Assist parents of kids with disabilities, assist students, supply information through the special education process

1901 South 4th Street Suite 209

Effingham, IL 62401

Illinois Center for Autism: 618-398-7500

Special day school program, support programs, and adult services program (includes vocational & day training)

Two Locations:

548 South Ruby Lane Fairview Heights, IL 62208 Monday-Friday 9:00AM-5:00PM 1306 Wabash Avenue Belleville, IL 62220 Monday-Friday 8:00AM-4:00PM

Pasta Fare (Illinois Center for Autism): 618-632-9077

Specifically designed to provide vocational training and employment opportunities for individuals with Autism Spectrum Disorder (ASD).

5900 N. Illinois St.

Fairview Heights, IL 62208

Illinois Department of Human Services: Helpline: 800-843-6154

Provides assistance with case status, benefits, services, or eligibility Monday-Friday 8:00AM-5:00PM

Division of Developmental disability Services: 888-337-5267

600 East Ash, Building 400, Mail Stop 1 South

Springfield, IL 62703 Phone: (217) 782-3075

IMPACT CIL: 618-462-1411

Services and programs for various disabilities to help achieve independence in school, home, work, and

housing

2735 E Broadway Alton, IL 62002 Monday-Friday 8:00AM-4:30PM

New Opportunities: 618-452-8165

Provide educational and work training opportunities for adults with developmental disabilities 1510 West Seventh Street Granite City, IL 62040

Saint John's Community Care for Aging and Disabled People

Adult Day Services, support groups for family caregivers, training for caregivers of individuals with dementia, programs for individuals with early memory loss

Two Locations:

222 Goethe Avenue Collinsville, IL 62234 618-344-5008 Monday-Friday 6:30AM-6:00PM 1015 Century Drive Suite B Edwardsville, IL 62025 618-656-7090

The Secondary Transition Experience Program (STEP): 618-296-4530

Prepares students with disabilities transition from high school to employment and community participation

157 N Main Street #438

Edwardsville, IL 62025

Monday-Friday 8:30AM-4:30PM

Victorious Missionaries: 618-397-6700

Spiritual organization and support for those with disabilities.

442 S. Demazenod Drive, Belleville, IL 62223

William BeDell Achievement and Resource Center (ARC) 618-251-2175

Serving Individuals with a Developmental Disability mainly in Madison County.

Family Support Program: Case Coordination, Respite Care Service, and Home Base Support. **Residential Program**: Community Integrated Living Arrangement (CILA) available for those with

Intellectual Disabilities.

School Program: Community-based educational service to individuals with multiple disabilities who are

3 through 21 years of age.

Main Office:

400 South Main Street

P.O. Box 349

Wood River, IL 62095

Court/Legal Services

Guardianship and Advocacy Commission: 618-474-5503

The Office of State Guardian handles the personal, financial, and legal affairs of developmentally disabled, mentally ill and elderly persons with disabilities.

4500 College Avenue Suite 100

Alton, IL 62002

Human Rights Authority of Metro East: 618-474-5503

Conducts investigations of complaints of violations of the rights of persons with disabilities. Based on early models of a singular regional grassroots program, the Human Rights Authority serves as a statewide framework providing direction and standards.

4500 College Avenue Suite 100

Alton, IL 62002

618-474-5503

Support Services/Groups

Equestrian Center at Beverly Farm: 618-466-0367

Developmental training, Equine Assisted Activities (EAA) provide a way to blend the therapeutic benefits of horsemanship into a fun and engaging activity.

6301 Humbert Road

Godfrey, IL 62035

William BeDell Achievement and Resource Center (ARC): 618-251-2175

Serving Individuals with a Developmental Disability mainly in Madison County.

Family Support Program: Case Coordination, Respite Care Service, and Home Base Support. 400 South Main Street P.O. Box 349
Wood River, IL 62095

SPECIALIZED COUNSELING & TREATMENT SERVICES

Children's Neglect & Abuse

Children's First Foundation: 618-235-6192

Help children and caregivers effectively adapt to divorce, separation, parental responsibilities, and parenting time exchange issues by creating services and products that address these issues.

1909 Dublin Boulevard

Belleville, IL 62221

CASA-Court Appointed Special Advocates, Guardians and Litem: 618-234-4278 Supports and promotes court-appointed volunteer advocacy so every child who has experienced abuse or neglect can be safe, have a permanent home, and the opportunity to thrive Illinois Number: 855-295-9948

Department of Children and Family Services (DCFS Local Areas)

Alton: 618-466-7014 Belleville: 618-257-7500 Granite City: 618-876-8985

Illinois Department of Children and Family Services (DCFS)

1-800-25-ABUSE (1-800-252-2873)

Illinois Department of Children and Family Services Save Abandoned Babies Foundation:

24/hour confidential help line: 1-888-510-2229

Madison County Child Advocacy Center: 618-296-5390

Helping children find a voice in response to child abuse 101 East Edwardsville Road Wood River, IL 62095 Monday-Friday 8:30AM-4:30PM <u>www.madco-cac.org</u>

Gambling Addiction Services & Supports

Alton Gamblers Anonymous Gambling Addiction Support: 618-465-1722 or 618-616-5117

Assistance with gambling problems Alton Memorial Hospital Alton, IL 62002 Sundays & Wednesdays

Gam-Anon: 708-802-0105

Assist people in resolving the problems they are facing due to gambling problems

http://www.gamblersanonymous.org/ga/

Gambling Chestnut Health Systems: 618-877-4420

Assessment in a safe environment for gambling disorder, counseling, help in developing a support system, and support in addressing legal and financial issues.

50 Northgate Industrial Drive

Granite City, IL 62040

Monday-Friday 8:00AM-5:00PM

Gamblers Anonymous: 1-800-GAMBLER (426-2537)

Support groups available

National Problem Gambling Helpline Network: 1-800-522-4700

Single national access point to local resources for those seeking help for a gambling problem. Text and chat services also available

Domestic Violence

Domestic Violence Hotline: 1-800-799-SAFE (7233)

Advocates ready to help any victims and survivors of domestic violence who need support

Oasis Women's Center: 618-465-1978 or 1-800-244-1978
Provides help to those dealing with domestic abuse
111 Market Street
Alton, IL 62002

Violence Prevention Center of Southwestern IL: 618-235-0892 Counseling services

Sexual Assault

National Sexual Assault Hotline: 1-800-656-HOPE (4673)

Sexual Assault Victim's Care Unit (Call for Help): 24 Hour Sexual Assault Crisis Line: 618-3970975

Efforts to end sexual violence and alleviate the suffering of sexual assault victims by providing support through counseling, advocacy, and community prevention services

Three Locations:

618-462-0552

235 East Delmar Ave 535 Edwardsville Road 4601 State Street Alton, IL 62002 Suite 120 East Saint Louis, IL

> Troy, IL 62294 62205

618-667-3350 618-271-8990

SENIOR SERVICES

Crisis Services/Hotline

24-Hour Elder Abuse Hotline: 1-866-800-1409

To report suspected abuse, neglect, or financial exploitation of an adult age 60 or older or a person with disabilities age 18-59

Southwestern IL Visiting Nurse Association: 618-236-5800

Home health care/Case coordination provides linkage to community resources available to assist those 60 years and older. Serves all of Madison County

7 Executive Woods Ct Suite A

Swansea, IL 62226

Monday-Friday 8:00AM-4:00PM

Counseling/Support Services

Agency for Community Transit (ACT): 618-931-7433

ACT is a door-to-door service for qualifying individuals in Madison County. An application must be filled out to apply for services

1 Transit Way

Pontoon Beach, IL. 62040

AgeSmart: 618-222-2561

Works with older adults to assist with options for independence including help remaining independent

in homes and communities

801 West State Street O'Fallon, IL 62269

Monday-Friday 8:00AM-4:00PM

Alton Housing Authority Subsidized Housing: 618-465-4269

Low income housing for families and the elderly in Alton 2406 Crawford Avenue PO Box 844

Alton, IL 62002

Alzheimer's Association: 800-272-3900

24/7 helpline which provides information on care giving, resources, respite, support, and techniques

Alzheimer's Support Group: 618-344-5008

For families and caregivers of people living with dementia 222 Goethe Avenue Collinsville. IL 62234

Caregiver Support Group: 618-344-5008

For family caregivers of adults living with cognitive or physical impairments 222 Goethe Avenue Collinsville, IL 62234

Collinsville Faith in Action: 618-344-8080

Many services available including Medicare counseling, minor home repair, transportation services, and volunteer opportunities
233 N Seminary Street
Collinsville, IL 62234
Monday-Friday 9:00AM-5:00PM

Edwardsville Area Meals on Wheels (Main Street Community Center): 618-656-0300

Transportation services for seniors 1003 N Main Street Edwardsville, IL

Faith in Action Edwardsville-Glen Carbon: 618-692-0480

Provides assistance to seniors (60 years and older) of Edwardsville #7 school district. Seniors must be able to get in and out of vehicles on their own for services.

903 North 2nd Street Edwardsville, IL 62025 Monday-Thursday 9:00AM-4:00PM Friday 9:00AM-12:00PM

Homemaker Services in Illinois: Information listed in website below

In-Home Service - Programs (illinois.gov)

HSHS St Joseph's Hospital Senior Renewal Outpatient psychiatric

services for seniors

Two Locations:

12866 Troxler Ave, Highland IL 62249 618 651-2941 14160 Jamestown Rd., Breese IL 62230 618 526-4511

IL Department on Aging Senior Helpline: 1-800-252-8966

Many services available for seniors listed in website below Senior HelpLine - Resources (illinois.gov)

Medicare: Hospice, nursing homes, home health services, and other provider's information listed at website below https://www.medicare.gov/care-compare/?providerType=Hospice&redirect=true#search

Saint Anthony's Health Center Psychological Services: 618-474-6240

Medicare certified 1 Saint Anthony's Way 4th Floor Alton, IL 62002

Saint John's Community Care for Aging and Disabled People: 618-344-5008

Adult day services, home services, caregiver support groups, caregiver classes, and Early Memory Loss classes
222 Goethe Avenue
Collinsville, IL 62234
Monday-Friday 6:30AM-6:00PM

Senior Services Plus: 618-465-3298

Many services available including a wellness center, Medicare assistance, foster grandparents program, home delivered and congregate meals, and more 2603 N Rodgers Avenue Alton, IL 62002 Monday-Friday 8:00AM-4:00PM

Southwestern IL College Senior Program: 618-234-4410

A variety of services and programs available for seniors 201 N. Church St Belleville, IL 62220

Southwestern IL Visiting Nurse Association:

Home health care: 618-236-5800 7 Executive Woods Ct Suite A Swansea, IL 62226 Monday-Friday 8:00AM-4:00PM

IL Community Care Program: 618-236-5863

Case workers determine eligibility for individuals 60 and older for state-paid homemaker services, adult day programs, and emergency call systems. They will do a wellness check for any senior and refer those who are not eligible for the Community Care Program to other services.

Court/Legal Services

Land of Lincoln Legal Aid: 618-462-0029

Provides low-income and senior residents of Illinois with high-quality civil legal aid 111 East 4th Street Suite 330

Alton, IL 62002

Monday-Friday 9:00AM-5:00PM

Senior Services Plus, Inc.: 618-465-3298

Information and Assistance program provides seniors and people with disabilities a place to learn about and apply for assistance programs

2603 North Rodgers Avenue

Alton, IL 62002

Monday-Friday 8:00AM-4:00PM

VETERANS SERVICES

Crisis Services/Hotline

Veterans Crisis Line: 988

Caring, qualified 24/7 responders confidentially serve all veterans, service members, National Guard and reserve, and their family and friends.

Veterans' Assistance Commission: 618-296-4554

Provides needed services exclusively to Honorably Discharged Military Veterans and their families who reside in Madison County. The VAC works closely with local Veteran's Service Organizations (VSO's), as well as local, state, federal agencies, to ensure the rights to which each Veteran is entitled are preserved and granted. Services include Interim and/or Emergency Veteran's Assistance; financial assistance, administrative case work; advocacy-related services case management; Transition Center Services; and medical-related transportation services through the DAV Transportation Network.

157 North Main Street Suite 115

Edwardsville, IL 62025

Monday-Friday 8:30AM-4:30PM

Counseling/Support Services

Centerstone of Illinois: 1-877-HOPE123 (1-877-467-3123)

Military services provided for service members, veterans and family members 2615 Edwards Street Alton, IL 62002

Military Families United

http://www.militaryfamiliesunited.org/ Support for family members of military

NAMI Southwestern Illinois Home Front

Home Front is an education class online for veterans and their families https://www.nami.org/support-education/mental-health-education/NAMI-Homefront

Supportive Services for Veterans Families (Chestnut Health Systems): 618-512-1823

Must be a veteran or a member of a family in which the head of the household is a veteran, low income, and be homeless 50 Northgate Industrial Drive Granite City, IL 62040 Monday-Friday 8:00AM-5:00PM

Vet Center (Metro East): 314-894-6105

Supports veterans and connects them to service providers Mental health counseling available 228 West Pointe Drive Swansea, IL 62226

Veterans' Assistance Commission: 618-296-4554

Mental Health-suicide crisis support to veterans 157 North Main Street Suite 115 Edwardsville, IL 62025 Monday-Friday 8:30AM-4:30PM

Court/Legal Services

Veterans' Treatment Court (VTC): 618-692-8961

Supports veterans and connects them to service providers 509 Ramey Street, Suite 304 Edwardsville, IL 62025 Monday-Friday 8:30AM-4:30PM

COMMUNITY RESOURCES

Service Referrals

Alton Memorial Hospital, Center for Behavioral and Addiction Medicine: 618-463-7780

Access to Peer Recovery Specialists 24 hours a day. Linkage to treatment and other community resources, medication assisted treatment (MAT). Patient-centered treatment planning including supports Open 24/7

1 Memorial Drive, 2nd Floor Olin Wing Alton, IL 62002

Referral Hotline for Madison County: 618-296-5300

Referrals to food pantries, clothing assistance, emergency shelter, and housing assistance

Riverbend Family Ministries: 618-251-9790

Provide resources and tools for families and individuals 131 East Ferguson Avenue Wood River, IL 62095

United Way: 211 or 1-800-427-4626 Saint Louis Area: 314-421-4636

Free and confidential service that helps individuals find local recourses they need 24/7

Court/Legal Services

Adult Redeploy Illinois: 618-296-5228 or 618-296-6255

Reallocating state resources to develop more effective, less expensive community-based alternatives to incarceration and improve access to interventions that reduce crime 157 N Main Street, Suite 312 Edwardsville, IL 62025

Crime Victims Assistance Line: 1-800-228-3368

Assistance to those who are victims of violent crimes

Dream Center of Alton: 618-433-8899

Services available to individuals affected by the criminal justice system to have a second chance at a better life 3401 Fosterburg Road Alton, IL 62002

Gift of Voice | Recovery Resource Center: office@giftofvoice.com | Email to request an appointment. Individual Consultation and Group Classes for individuals with mental health and legal challenges, phone support available for persons under house arrest. 903 N. 2nd St., Ste. B Edwardsville, IL 62025

Guardianship & Advocacy Commission/ Human Rights Authority: 618-474-5503

Office of state guardian, legal advocacy services, human rights authority 4500 College Ave Suite 100 Alton, IL 62002

Juvenile Redeploy Illinois: 618-452-8900 ext.211

Redeploy Illinois seeks to decrease youth incarceration in Department of Juvenile Justice through evidence-based community programs that maintain public safety and promote positive outcomes for youth.

Children's Home and Aid 2133 Johnson Road Granite City, IL 62040

Land of Lincoln Legal Aid: 618-462-0029 or 618-398-0958

Provides low-income and senior residents of Illinois with high-quality civil legal aid 111 East 4th Street Suite 330 Alton, IL 62002

Monday-Friday 9:00AM-5:00PM

Madison County Catholic Charities: 217-523-9201 Ext. 329

This community based, quality legal services program helps people with little to no income in obtaining pro bono legal assistance in civil matters.

Two Office Locations:

3512 McArthur Boulevard 1821 Edison Avenue Alton, IL 62002 Granite City, IL 62040

Madison County Legal Self-Help Center: 618-296-4472 or 618-296-4900

Provides legal forms and access to legal information free of charge to the public 155 North Main Street Edwardsville, IL 62025 Monday-Friday 8:30AM-4:30PM

National Human Trafficking Hotline: 1-888-373-7888

Get help, report a tip, and learn more

Violence Prevention Center of Southwestern IL- 24 Hour Crisis Line: 618-235-0892

Help with orders of protection

Employment Training

Lewis & Clark Community College: 618-468-5503

L&C's Career and Veteran Services offers a variety of services and tools to assist students in the area of career development.

Monday - Friday, 8:00 AM to 4:30 PM

Madison County Employment and Training Department: 618-296-4445

Administers employment and training programs with a focus on creating partnerships with businesses and local government to establish services that prepare customers for employment. Services include job listings, employment training, on-the-job training, recruitment assistance, youth employment and training, job and career fairs, referral services and other types of employer/employee assistance.

101 E. Edwardsville Road, Suite 1302 Wood River, IL 62095 Monday-Friday, 8:30 AM – 4:30 PM

Food Programs and Pantries

Hunger Hotline: 1-800-359-2163 (Illinois) or 1-866-348-6479 (National)

Assist individuals in need of food

Collinsville and Maryville Area Meals on Wheels: 618-345-7779

Home delivered meals (hot and frozen) 195 W Country Lane Collinsville, IL 62234 Monday-Friday 9:00AM-12:00PM

Collinsville Food Pantry: 618-346-1861

For Collinsville residents in need of food. Can "shop" for what is needed 201 E Church Street Collinsville, IL 62234 Thursday and Friday 9:00AM-11:00AM Tuesday 4:00PM-6:00PM

Community Care Center Food Pantry: 618-876-8770

Food baskets for those in need 1818 Cleveland Boulevard, Granite City, IL 62040 Monday-Thursday 9:00AM-3:00PM Lunch is served from 11:00AM-12:00PM (same location)

Community Hope Center Food Pantry: 618-259-0959

Shop in the grocery store, get some clothes and other household items.

1201 Hope Center Lane

Cottage Hills, IL 62018

By appointment only:

Monday, Wednesday, Friday between 9 am – 1 pm

Tuesday between 9 am – 12 pm

Soup for the Souls Dining open to all on Mon, Tues, Wed, Fri 11:00-1:00

Crisis Food Center Food Pantry: 618-462-8201

7-day supply of nutritious food once a month. Clothing also available

21 East 6th Street

Alton, IL 62002

Hours Open: Monday-Friday 8:00AM-3:00PM Pick Ups: Monday-Friday 1:00PM-3:00PM

Edwardsville Area Meals on Wheels (Main Street Community Center): 618-656-0300

Food boxes and congregate meals for seniors

1003 N Main Street

Edwardsville, IL

Glen-Ed Pantry: 618-656-7506

Food provided once per month, must meet financial criteria, service area includes Edwardsville School District. If you are disabled, elderly, or have no transportation, we can deliver to you. Please call 618-656-7506

125 5th Ave

Edwardsville, IL 62025

Monday & Wednesday 3:00PM-5:30PM

Tuesday, Thursday, and Friday 9:00AM-11:30AM

Guardian Angel Food Pantry (Catholic Charities): 618-462-0634 ext 259

Providing food and personal care items to individuals and families in need

3512 McArthur Boulevard

Alton, IL 62002

Wednesday and Friday 12:30PM-3:30PM

Highland Area Christian Service Ministry (HACSM): 618-654-9295

Drive thru food pantry

900 Chestnut Street

Highland, IL 62249

Thursday 9:00AM-12:30PM

1st & 3rd Saturday of each month 9:00AM-12:30 PM

Maryville Outreach Center Food Pantry: 618-345-9693

Curbside pickup, call for appointment. Maryville residents only 504 East Division Street Maryville, IL 62062

Ministries Unlimited Food Pantry: 618-505-5053

Troy residents only. Call to register for food pick up 310 Collinsville Road
Troy, IL 62294
Tuesday 10:00-11:00AM
Thursday 1:30-2:30 PM

Operation Blessing Food Pantry: 618-251-5683

Serves Wood River, Fort Russel, and Chouteau townships 18 East Lorena Avenue Wood River, IL 62095 Monday-Thursday 10:00AM-1:00PM

Salvation Army Food Pantry

Pizza Ministries Monday 11-12 at Alton Location

Two Locations:

525 Alby Street

Alton, IL 62002

618-465-7764

Tuesday 9:00AM-11:00AM and

Thursday 1:00PM-3:00PM

3007 E 23rd Street

Granite City, IL 62040

618-451-7957

Office is open Monday, Wednesday,
Thursday 1:00PM-3:00PM

Senior Services Plus: Home delivered and congregate meals to individuals 60 +years

Two Locations:

2603 North Rodgers Avenue

Alton, IL 62002

618-465-3298

Monday-Friday 8:00AM-4:00PM

Congregate meals to individuals 60
years old+
2104 Cleveland Boulevard
Granite City, IL 62040
618-877-4373

Monday-Friday 8:00AM-4:00PM

General Assistance

Agency for Community Transit (ACT): 618-931-7433

ACT is a door-to-door service for qualifying individuals in Madison County. An application must be filled out to apply for services

American Red Cross: 618-397-4600

Humanitarian services 10195 Corporate Square 2 Elm Drive Creve Coeur, MO , 63132 Belleville, IL 62221 Phone: (314) 516-2800

Anderson Home Health Services: 618-288-5711

Madison county residents 6800 State Route 162 Maryville, IL 62062

Bi-State Developmental Agency, IL Service Area: 618-271-2345 Transit

Information for the MetroLink

BJC Home Care Services: 618-463-7541

Home health care 3535 College Avenue Suite B Alton, IL 62002 Monday-Friday 8:00AM-4:30PM

Chestnut Family Health Care (Chestnut Health Systems): 618-512-1919

Offers primary care services for both adults and children 50 Northgate Center Granite City, IL 62040

Department of Children and Family Services (DCFS)

IL Child Abuse and Neglect Hotline: 1-800-252-2873

Department of Human Services Family Community Resource: Help line 800-843-6154

Public Aid: Food stamps, Medicaid, medical assistance

Two Locations:

608 W St Louis Ave 1925 Madison Avenue
East Alton, IL 62024 Granite City, IL 62040
618-877-9200 Monday-Friday 8:00AM-5:00PM

Equipping the Called Foster and Crisis Closet: 618-205-3112

Provides at no cost to foster and SAFE families new/gently used clothing, new socks and underwear, diapers, wipes, toiletries, and other basics. Also accepts crisis referrals from police, schools, or churches. Appointments only

2816 N. Center Maryville, IL 62062

Gateway Regional Medical Center Home Health Care: 618-798-3200

Home health care 2100 Madison Avenue Granite City, IL 62040 Monday-Friday 8:00AM-4:30PM

Help at Home: 618-258-1155

Homemaker services (non-medical) 626 Wesley Drive Wood River, IL 62095 Monday-Friday 8:00AM-12:00PM, 1:00PM-5:00PM

IL Community Care Program: 618-236-5863

Case workers determine eligibility for individuals 60 and older for state-paid homemaker services, adult day programs, and emergency call systems. They will do a wellness check for any senior and refer those who are not eligible for the Community Care Program to other services.

Madison County Catholic Charities:

Legal, medical, transportation, crisis, and family and children assistance

Two Locations:

3512 McArthur Boulevard 1821 Edison Avenue Alton, IL 62002 Granite City, IL 62040 618-462-0634 618-877-1184

Madison County Community Development: 618-692-8940

Expanding economic opportunities, promotes affordable housing, provides necessary emergency services 130 Hillsboro Avenue

Edwardsville, IL 62025

Monday-Friday 8:30AM-4:30PM

Madison County Health Department: 618-692-8954

Health service programs and community education available upon request 101 East Edwardsville Road Wood River, IL 62095

Madison County Transit (MCT): 618-931-7433

MCT is a fixed route bus service in Madison County to Metro Link and downtown St. Louis

OSF Home Health and Hospice Program: 618-463-5683

Home health care, IV therapy, nurse home health, speech, womb care 915 E 5th Street
Alton, IL 62002
Monday-Friday 8:00AM-4:00PM

Social Security Administration: 800-772-1213

All duties entailing social security cards, retirement, SSI 501 Belle Street #103, Alton, IL 62002

Townships:

Alton Township: 618-462-0091 Nameoki Township (Granite City Area): 618-Collinsville Township: 618-344-1290 931-1230 Edwardsville Township: 618- 656-0292 Saline Township (Highland Area): 618-654-Fort Russel Township (Bethalto area): 618-6692 377-8260 Venice Township: 618-452-1121 Fosterburg Township: 618-259-0726 Wood River Township: 618-259-2366 Godfrey Township: 618-466-3378 Serving the residents of Wood River, East Granite City Township: 618-877-0513 Alton, Cottage Hills, Roxana, and portions of Helvetia Township (Highland Area): 618-Bethalto and Hartford

654-4032

Housing/Shelters

United Way Resources and Referrals: 800-427-4626 (211)

211 Cooling Sites: Remote Desktop Redirected Printer Doc (211helps.org)
211 Warming Centers: Warming-Sites-with-KC-11.22.21.pdf (211helps.org)

Madison County Referral Line: 618-296-5300

National Call Center for Homeless Veterans: 877-424-3838

American Red Cross Disaster relief: 314-516-2700

Alcoholic Rehabilitation Community Home (ARCH): 618-877-4987

Extended residential treatment 1313 21st Street Granite City, IL 62040 Monday-Friday 8:00AM-4:30PM

Alton Housing Authority Subsidized Housing: 618-465-4269

Low-income housing for families and the elderly in Alton 2406 Crawford Avenue PO Box 844 Alton, IL 62002

Monday-Friday 8:00AM-4:30PM

Biddle House Opportunities Center: 314-612-1675

In need of shelter: 314-802-5444

Emergency shelter to single adult men experiencing homelessness

1212 North 13th Street Saint Louis, MO 63106

Call for Help: 618-397-3076

Transitional Living Center for mothers and children

9400 Lebanon Road East Saint Louis, IL 62203

Chestnut Health Systems

Madison and St. Clair County: 888-924-3786

Metro East Area: 618-877-4420

Housing for persons living with substance use disorder and/or serious mental illness

50 Northgate Industrial Drive Granite

City, IL 62040

Children's Home and Aid

Support services to runaway, homeless, and at-risk youth 11-17 and their families

Two Locations:

6 Crossroads Court, Alton, IL 62002 2133 Johnson Road, Granite City, IL

618-462-2714 62040

Monday-Friday 8:30AM-4:30PM 800-847-6770

Monday-Friday 8:30AM-5:00PM

Caritas Family Solutions: 618-213-8700

Residential locations

8601 West Main Street Suite 201 Belleville,

IL 62223

Family Living Center: 618-274-7832

Homeless families residing in emergency shelters or similar facilities for a minimum of 30 days must be referred by the social service agency assisting the family in this first step of the continuum of services $510 \text{ N } 25^{\text{th}}$ Street

East Saint Louis, IL 62205

Good Samaritan House: 618-876-0607

Homeless shelter that allows children 1825 Delmar Avenue Granite City, IL 62040

Granite City Housing Authority Subsidized Housing: 618-300-7255

This subsidy is used to provide affordable housing to eligible applicants. 2517 Nameoki Road Granite City, IL 62040 Monday-Friday 8:30AM-4:30PM

Catholic Urban Programs: 618-398-5616

Homeless prevention and emergency shelter options 7 Vieux Carre Drive East Saint Louis, IL 62203

IMPACT: Voice: 618-692-8940 TTY: 618-474-5333

IMPACT CIL is continuing to serve our community and individuals with disabilities. Offer a variety of Individual and Community services and programs to help our friends live better lives 2735 E. Broadway Alton, IL 62002 Monday-Friday 8:00AM-4:30PM

Madison County Community Development: 618-692-8940

Expanding economic opportunities, promotes affordable housing, provides necessary emergency services 130 Hillsboro Avenue Edwardsville, IL 62025 Monday-Friday 8:30AM-4:30PM

Madison County Housing Authority Subsidized Housing: 618-345-5142

Low rent housing 2 Eastport Plaza Drive Collinsville, IL 62234 Monday-Friday 8:00AM-4:30PM

Oxford House Information: 301-587-2916 or 800-689-6411

Emergency and transitional housing and are peer governed homes for individuals with substance use disorders. Houses women with children, men, and men with children. To check for locations and vacancies, look at the websites listed below and call the lines directly from website Oxford House

Riverbend Family Ministries: 618-251-9790

Rental assistance 131 East Ferguson Avenue Wood River, IL 62095

Salvation Army: 618-465-7764

Rent and housing assistance (call to see if available) 525 Alby Street Alton, IL 62002

Supportive Services for Veterans Families (Chestnut Health Systems): 618-512-1823

Must be a veteran or a member of a family in which the head of the household is a veteran, low income, and be homeless 50 Northgate Industrial Drive Granite City, IL 62040 Monday-Friday 8:00AM-5:00PM

Violence Prevention Center of Southwestern IL- 24 Hour Crisis Line: 618-235-0892 Emergency shelter

Warming Center at Deliverance Temple Church: altonwarmingcenters@gmail.com
1125 East 6th Street
Alton, IL 62002

Support Services/Groups

Local Hospital Support Groups

There are many support groups at surrounding hospitals including (information found on websites listed):

Alton Memorial Hospital in Alton, IL https://www.altonmemorialhospital.org/classes-events/support-groups

Anderson Hospital located in Maryville, IL $\underline{\text{https://www.andersonhospital.org/community-programs/support-groups}}$

Gateway Regional Medical Center in Granite City, IL. http://www.gatewayregional.net/gateway-regional-medical-center/eventsandclasses

Saint Anthony's Hospital in Alton, IL https://www.osfhealthcare.org/saint-anthony/services/cancer/resources/support-groups/

Saint Elizabeth's Hospital in O'Fallon, IL https://www.hshs.org/StElizabeths/Services/Womens-Health/having-a-baby/SupportGroups

NAMI Southwestern Illinois: 618-798-9788

Mental health recovery services for individuals and their families living with mental illness. Including support groups, education and advocacy. 2100 Madison Avenue 4th Floor

Granite City, IL 62040

Monday-Friday 9:00AM-8:00PM https://namiswi.org/

Overeaters Anonymous: 618-830-6807

First Presbyterian Church 514 Alby (at 4th St.) Alton, IL 62002 Wednesday 7:00 PM

School Based Services

Big Brothers Big Sisters: 618-398-3162

Mentoring program

Education Therapy Center: 618-296-4530

Regional safe school program

Catholic Charities of Madison County: 618-462-0634

School based services

Heartlinks grief Center: 618-277-1800

School support groups

Madison County Child Advocacy: 618-296-5390

Trauma informed therapy

NAMI: 618-798-9788

Ending the Silence for School Students, School Staff, & Families

Refuge: 618-251-9790 Ext. 205

Trauma informed therapy, children ages 0-11

Riverbend Family Ministries: 618-251-9790

SOAR Program: Students Learning the Ongoing Approach to Resilience

Chestnut Health Systems: 618-397-0900

School based prevention services and school based behavioral health services

Centerstone of Illinois: 1-877-HOPE123 (877-467-3132) School based behavioral health and crisis services

On Line Resources

The below resources were verified June 2022 and are subject to change - please always doublecheck information

Mental Health Apps

Overall: Moodfit Shine

Therapy: <u>BetterHelp</u> Grateful: <u>Grateful: A Gratitude</u>
Learning Coping Skills: <u>MoodMission</u> <u>Journal on the App Store</u>

Stress Relief: Sanvello (apple.com)

Meditation: <u>Calm</u> <u>Instar Affirmation Writer</u>

Fun App: Happify

Nonressian Depression CRT Self

Depression: Depression CBT SelfSmiling Mind

Help GuideUnique Daily AffirmationsBIPOC: ShinePositivity with Andrew Johnson:

Bipolar Disorder: eMoods Positivity with AJ on the App Store

Symptom Tracking: <u>Bearable</u> (apple.com)
ADHD: Todoist Calm

PTSD: <u>PTSD Coach</u> Motivation – Daily Quotes:
Personalized mental health support <u>Motivation - Daily quotes on the</u>

for LGBTQIA+ teens and young App Store (apple.com)

adults: <u>Gender Identity</u> I am: <u>I am - Daily Affirmations on the</u>

(charliehealth.com) App Store (apple.com)

<u>ThinkUp: Positive Affirmations</u> <u>SelfishBabe</u>

Mental Health for Farmers

Supporting Family Farmers: Farm Aid's Work

Farm and Rural Stress Hotline It's free, confidential and available 24/7.1-800-691-

4336 Farm and Rural Stress Hotline (avera.org)

<u>Home - AgriSafe Network</u> <u>National AgrAbility Project</u>

Online Therapy Services

Overall: BetterHelp Couples: ReGain

Overall: <u>Talkspace</u> Without Insurance: <u>Wellnite</u>

Families: <u>Rethink My Therapy</u>
BIPOC Community: <u>Ayana Therapy</u>
Flexible Scheduling: <u>Amwell</u>

LGBTQIA+ Community: Pride

Counseling

Psychiatry: <u>Teladoc Health</u> Group Therapy: <u>Circles</u> Addiction: <u>Monument</u> CBT: Online-Therapy

Christians: <u>Faithful Counseling</u> <u>Intellectual Disability – Support,</u> <u>Counseling, and Therapy for</u>

Intellectual Disability (goodtherapy.org)

National Deaf Counseling Services

Deaf Counseling Center

Black-led Resources for Mental Health

The Nap Ministry

Black Girl in Om

<u>Beronda</u>

Montgomery (mentoring, leadership

Women's Health in Women's Hands http://www.whiwh.com/

The Black Health

Alliance http://blackhealthalliance.ca

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A list of Mental Health Resources

Available for People of

Color https://www.refinery29.com/e

n-us/2020/06/9849013/mental-

health-services-black-people-of-

color

Black Emotional and Mental Health

Collective https://www.beam.commu

nity/

CALL BLACKLINE: Call 1-800-604-

5841 to connect with crisis

counselors to aid people within the Black, Black LGBTQI, Brown, Native, and Muslim community to provide immediate support to those who are distressed, upset, or need to talk.

www.callblackline.com/

12 Black Mental Health and Wellness

Resources to Follow on

Instagram https://www.vogue.com/a

<u>rticle/black-mental-health-wellness-</u>instagram-accounts

Raising Hope: Parenting in an anti-

Black

environment https://theconversation

.com/raising-hope-parenting-in-an-

anti-black-environment-87070

Therapy for black

men https://therapyforblackmen.or

q/

Therapy for Black

Girls https://therapyforblackgirls.co

m/

<u>Podcast — Therapy For Black Girls</u>

Mental Health Video Resource

Library | NAMI: National Alliance on

Mental Illness

A Mother's Vow Of Mental Health

Advocacy For Her Daughter -

YouTube

Apps for Individuals with Disability

From picture-based communication systems to finding accessible locations, you can make life a little easier with these assistive apps for disabled people.

<u>Voice4u AAC</u>: This Augmentative and Alternative Communication (AAC) app provides a picture-based communication system for people with speech challenges. It comes pre-loaded with more than 180 icons; and you can make your own icons to expand the built-in library, record your own voice and even print matching picture cards. Ideal for non-verbal people, people in the autism spectrum, stroke victims and anyone who struggles with communication; and with its \$60 price point, Voice4u AAC is much more affordable than expensive standalone units.

<u>Proloquo2Go</u>: This AAC app was created to be a daily communication tool for people with speech challenges. Users communicate by tapping symbols from the apps 10,000+-word library. The app features customizable vocabulary levels so it's appropriate for a range of fine motor and visual skills, and even has a progressive language feature that can help people extend their vocabularies.

<u>Be My Eyes</u>: This app connects blind and low-vision people with sighted volunteers through live video calls. The sighted volunteers assist with guided problem-solving. For example, it can be used to help find lost or dropped items, describing pictures, reading labels, shopping at stores, and navigating new places.

<u>Subtitles Viewer</u>: Powered by the <u>OpenSubtitles</u> database, this app lets you view subtitles on your iOS device while watching TV or at the movies – which makes it one of the most entertaining apps for disabled people. Since most TVs, DVDS, Blu-Rays and streaming services like Netflix and Amazon Prime Video offer built-in subtitle functionality, this app might be best used in the movie theater – provided you can use it without disturbing other moviegoers. <u>Access Now</u>: Access Now is a community-driven app that pinpoints accessible locations on an interactive map. You can look up places like restaurants, museums and attractions and view their accessibility ratings: accessible, partially accessible, patio access only and not accessible. You can also rate locations and even add your own to help others in the community.

<u>CoughDrop</u>: There are many conditions—such as Down's syndrome, Angelman syndrome, cerebral palsy, and others—that make an individual's speech difficult to understand. Operating with the motto "CoughDrop is unique in that it is an open-source app. While many AAC apps use proprietary technology—meaning users don't know how secure they are—CoughDrop assures users they always have control over and access to their data. The company says the app was designed with an "open mindset" to help people with disabilities.

<u>Snap + Core</u>: Snap + Core is another AAC app that "helps users unlock speech functionality" in conjunction with a Tobii Dynavox device. This app has high ratings on the Apple App store (4.1 out of 5), and teachers say it's great for in-classroom use.

<u>NotNav GPS Accessibility</u>: NotNav is a free GPS app for the visually impaired. NotNav goes a step beyond traditional GPS systems by announcing your direction, the nearest street address, and nearby cross streets. This GPS app is special in that is was designed "by the blind, for the blind" and assists users with walking, not driving. And it's free!

<u>Spoken AAC</u>: Spoken uses predictive technology to simplify communication for people with aphasia and other speech and language disorders. Instead of limiting users to simple phrases and icons, the app predicts the next words you're likely to use so you can quickly build complete sentences.

Speak4Me - Text to Speech on the App Store (apple.com)