



2019 Annual Report

PRESIDENT'S LETTER



During the 2019-2020 program year, our Head Start and Early Head Start program served over 800 of our community's most at-risk children and families. When we say "at-risk", we mean at-risk for failure to be prepared to enter kindergarten alongside their peers. For a family, "at-risk" refers to the threats to the nuclear family unit due to unfortunate social and financial circumstances.

If the services provided by Head Start are successful, we can mitigate these threats often found in families who live at or below the federal poverty level. In 2018, we shared that the "magic of our mission" is in the relationships we build. In 2019, as we conducted our strategic planning process, we learned that as our program leadership and

staff have transitioned, we may have lost a step in our relationships.

These critical relationships include relationships with the families we serve, our communities, our donors and our staff. To re-establish these critical connections, we set goals in family engagement such that we are creating a relationship as the foundation of service delivery, not just delivering a service. In communities and with donors we have set goals around communications and user-friendly nature of our website as a place to check-in on our work or even discover opportunities to help our mission along. With staff we set goals to deepen our staff engagement so that we become the employer of choice in our industry and a place where you may recommend that a friend become an employee.

In all of these, we thank you, our clients, communities, supporters and mission partners for your dedication to being in relationship with our agency as we navigate these important relationship (re)building steps.

As you read through our annual report, I am hopeful that you will find evidence of these relationships and more importantly inspired by the change that you make possible everyday through your support for our agency!

Be safe and be well,

Erger A. Howell

Eugene A. Howell, MPA

President and CEO

MISSION

The mission of Riverbend Head Start and Family Services is to empower children and families to develop positive skills to meet life's challenges.

CREATING CHANGE

When a family experiences Riverbend Head Start and Family Services program, they are equipped with necessary tools to navigate life, regardless of social, educational and economical barriers.

Our holistic approach strengthens families and their ability to succeed, mitigating the negative effects of poverty within our communities.



Program Year Highlights

Total Children Served: 898

(includes 24 Pregnant Moms)

Head Start

Number of children ages 3-5 = 565

Number of families = 532

Two parent families = 181

Single parent families = 351

On average 100% of our funded enrollment opportunities for children were filled at any given time

Enrolled children that completed a **medical exam = 89% (501 of 565)** \Rightarrow Enrolled children that completed a **dental exam = 81% (455 of 565)**



Early Head Start

Number of children ages birth to 3 = 309

Number of **pregnant moms** served = **24**

Number of families = 263

2 parent families = 133

1 parent families = 130

On average 97% of our funded enrollment

opportunities for children were filled at any given time

 \Rightarrow Enrolled children that completed a **medical exam = 75% (232 of 309)** ildren, age 2 and up that completed a **dental exam = 66% (76 of 116)**

Number of all EHS children who are up-to-date on a schedule of age-appropriate preventative and primary oral health care according to the relevant state's EPSDT schedule= 53% (165 of 309).

Note: Only children ages 2 and older are recommended to have a dental exam.

RESULTS FROM DEVELOPING STRONG FAMILY RELATIONSHIPS



828

children had continuously accessible health care



88

families received job training



88

children were identified with special needs



23

parents advanced their education level



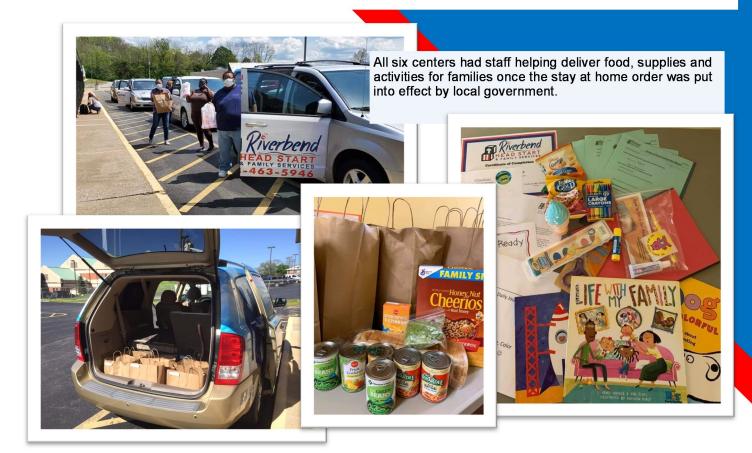
646

children had continuous access to dental care



24

pregnant women were served by Early Head Start



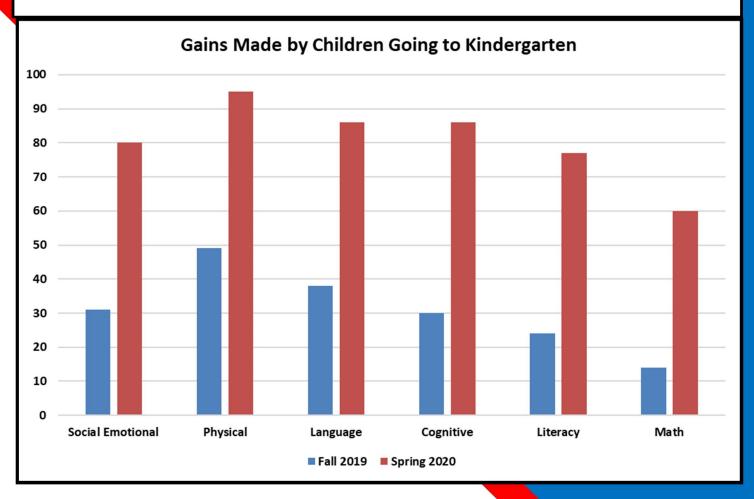
Program Data and Outcomes

- Over 86% (261 of 304) of children going to kindergarten met widely held developmental expectations.
- ## 77% (591 out of 765) of all enrolled children, birth to 5 years old met or exceeded age-appropriate developmental milestones.
- 77% of them made a 45% to 77% increase, proving that our programs are effective and that every child has the potential to learn and succeed.
- 74% of the 874 enrolled children were up to date with Illinois EPSDT (early, periodic screening and diagnostic testing)
- 100% of the 795 enrolled families were linked with appropriate community services
- ## 100% of enrolled families gained positive parenting and co-parenting skills.



Learning Outcomes By the Numbers

Academic Year 2019



The percentage of children served that have a learning disability as represented by an:

Individualized Education Plan (IEP)

or

Individual Family Services Plan (IFSP)

12% Head Start (center and home)

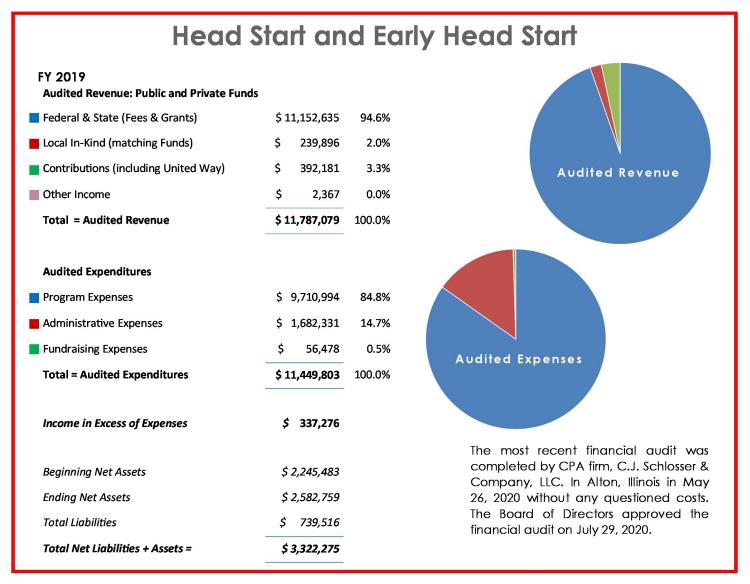
10% Early Head Start (all Home Based)

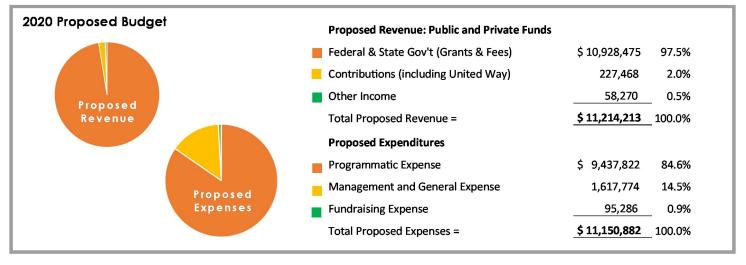
28% Head Start Part Day classes

25% Head Start Full Day Classes

9% Head Start Home Based

Head Start and Early Head Start are federally funded child development programs for qualifying children under age five. Created in 1965, the federal Office of Head Start awards grants to local nonprofit organizations, such as Riverbend Head Start and Family Services, to operate programs in their communities. As stewards of these federal funds, RHSFS is publishing the following in accordance with the Improving Head Start for School Readiness Act of 2007.





YOU MADE IT POSSIBLE!

The U.S. Department of Health and Human Services requires a local match for our Head Start grant. Thank you for your donations, grants, discounted services and volunteerism which helped us meet our match in 2019.

Matching Funds + Parent and Community Volunteers =

Local Match Requirement \$239,896



Did you know that 85% of every dollar donated goes where the need is greatest?

Results of the Most Recent Review by the Office of Head Start

Our last federal review was in November 2018. The Overview of Findings stated that our Head Start and Early Head Start programs were found to be in compliance with all Program Performance Standards, Laws, Regulations and Policy Requirements with more than 2,000 standards to observe. And noting particular strength in the agency's staff and leadership development program.

Riverbend Head Start and Family services is not scheduled for another review until after our fiscal year 2021—2025 grant cycle.

Partnering with Parents Lead to Bright Futures

By Amy Cornell

Being a parent is a difficult role. There are a lot of unique challenges that come along with raising a child. Often times parents are faced with these challenges alone or with little or no support. Enrolling in Riverbend Head Start has a unique advantage over other school readiness options. Each family is assigned a Family Advocate. The Family Advocate (FA) provides ongoing supportive contact through weekly or monthly home visits. The FA supports parents with resources, health needs, nutrition, child development activities, parent education, and goal setting.



I would like to share the story of one parent who has really embodied the mission of Riverbend Head Start. Her story should be an inspiration to any parent wanting to take a step in a new direction to build a brighter future for themselves and their children.

Meet Kasia, single mom of Kayden. She moved to the Alton area and heard about the Head Start Program from fliers she received in the mail. Kayden has been in Head Start for two years. While Kayden was in school, Kasia set a goal to become a nurse. She recently graduated from Lewis and Clark Community College with her nursing degree, while working two jobs. When asked why she chose the field of nursing she responded, "My sister became a nurse, and I learned more about it. While giving birth to Kayden, I saw how compassionate the nurses were. It made me feel so good, so I knew I wanted to make others feel that way too." Kasia feared failure and the time it would take away from her spending with Kayden. Kasia credits her parents for teaching her the importance of education and strong work ethic. She also is grateful for her Family Advocate, Shani Warren, for unconditional support. She knew she wanted a brighter future for her and her son. She said, "We won't have to struggle. I will be financially secure, and my son won't have to worry about where his next meal will come from, or want for anything."

When asked what advice she would give to other parents who are wanting to set a goal for change she said, "The hardest part is starting. Don't think about it, just start. Kids are our biggest motivator, make a list of goals and work through that list. Take it day by day."

Kasia is already seeing how her accomplishment is inspiring her son. "When he sees me with my stethoscope on, he says, 'Mommy I want to be a doctor!' It is teaching him good values, and the importance of going to school and work."

Kasia's next goal is to pass her nursing boards. She has already received two job offers.

VOLUNTEERISM

15,572 Hours

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579 Head Start Parents Volunteered

91,669 Hours

mmm

415 Early Head Start Parents Volunteered

4,611 Hours



192 Community Members Volunteered

111,852 Hours



964 Total Volunteers

Social Media Keeps Us Connected

To instantly share more about what we're doing, we continue to post photos, videos and information on the social media networks below.

- www.facebook.com/RiverbendHeadStartandFamilyServices
- www.twitter.com/RiverbendHSFS
- www.youtube.com/RiverbendHeadStartandFamilyServices
- www.instagram.com/RiverbendHeadStart



DONOR HONOR ROLL

\$10,000+

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Mr. and Mrs. John Barry Julian United Way of Greater St. Louis

\$5,000-\$9999

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Mr. and Mrs. Ed Morrissey

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\$1,000-\$2,499

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Argosy Alton

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Ms. Diana Enloe

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Goldenberg Heller & Antognoli, P.C.

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\$1-\$999

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Alton Community Service League

Alton Community Unit School District #11

Alton Wednesday Night AA Group

Alton-Godfrey Rotary Club

American Water Company

Amsted Rail

Amsted Rail Foundation



This honor roll reflects cumulative giving in 2019 Fiscal Year.

\$1-\$999

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Anonymous (2)
Apple Bus Co.

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Mr. Jonathan Becker

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in honor of Ed Morrissey's Birthday

Get Logo'd

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Givable St. Louis

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Grafton Fudge and Ice Cream -

in honor of Ed Morrissey's Birthday



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This honor roll reflects cumulative giving in 2019 Fiscal Year.

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Resurrection Lutheran Church

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in honor of Shirley Emons' 90th Birthday

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St. Ambrose Church Mrs. Roxeanna Steiner Ms. Jennifer Steinheimer Ms. Elizabeth Steiniger

Ms. Trista Stepp

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in honor of Shirley Emons' 90th Birthday

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\$1-\$999 continued

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Dr. George Dirkers

DK Dance Production

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Mrs. Janice Hoene

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Mr. Nick Howell

Ms. Natalie Howell

Mr. and Mrs. Russell Howell

Judge David Hylla

IBEW Local Union 649

J.W. Terrill, a Marsh & McLennan Agency LLC

Co.

Johnson's Corner



This honor roll reflects cumulative giving in 2019 Fiscal Year.

Josephine's

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Kimbro's Auction Services

Kohl's

Lakeshore Learning Materials

Liberty Bank (United Community Bank)

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Madison County Health Department

Main Street United Methodist Church

MAK Ventures

Mariner Finance

Max Sports

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Metro East Community Rotary

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O'Brien Tire & Service Center

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PNC Foundation

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Ms. Stephanie Pratt

Ms. Judy Pratt

RE/MAX River Bend

Ready Readers

Mrs. Shelly Reed

Regions Bank

Republic Services

Resurrection Lutheran Church

Mrs. Jean Shearburn

Mr. and Mrs. John Simmons

Simmons Hanly Conroy

Mr. and Mrs. David Smalley

Southern Bus & Mobility, Inc.

Southern Illinois Healthcare Foundation

St. Alphonsus Catholic Church

St. Mary's Catholic School

St. Paul United Methodist Church of Rosewood Heights

Suncoke

Sunset Hills Country Club

The Daniel and Henry Co.

Town and Country Bank

Vintage Hair Salon

Washington University in St. Louis College of Architecture and Graduate School of Architecture & Urban Design

Wells Fargo Advisors

Wieland Rolling Products (formerly Olin Brass)

Ms. Kim Youngberg



Our kiddos worked hard as they were faced with so many challenges. To acknowledge their accomplishments, we planted yard signs in every child's yard who transitioned to kindergarten in August 2020. We thank you for your helping create bright futures for these amazing children. Because of your generous support, we continue to educate, empower and enhance lives.



